



# ABIDE

21 days of prayer and fasting

13 January - 02 February 2025





## JOHN 15: 1-17 (NKJV)

"I am the true vine, and My Father is the vinedresser. Every branch in Me that does not bear fruit He takes away; and every branch that bears fruit He prunes, that it may bear more fruit. You are already clean because of the word which I have spoken to you.

Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me. I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing. If anyone does not abide in Me, he is cast out as a branch and is withered; and they gather them and throw them into the fire, and they are burned.

If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you. By this My Father is glorified, that you bear much fruit; so you will be My disciples.

As the Father loved Me, I also have loved you; abide in My love. If you keep My commandments, you will abide in My love, just as I have kept My Father's commandments and abide in His love.

These things I have spoken to you, that My joy may remain in you, and that your joy may be full. This is My commandment, that you love one another as I have loved you. Greater love has no one than this, than to lay down one's life for his friends. You are My friends if you do whatever I command you. No longer do I call you servants, for a servant does not know what his master is doing; but I have called you friends, for all things that I heard from My Father I have made known to you.

You did not choose Me, but I chose you and appointed you that you should go and bear fruit, and that your fruit should remain, that whatever you ask the Father in My name He may give you.

These things I command you, that you love one another."

# Welcome

We are excited to enter into these next 21 Days of Prayer and Fasting!

You may be wondering why we are doing this at the start of a new year.

It's our desire that the next 21 days will prepare our hearts for what the Lord wants to do in and through us in 2025. But, most importantly, we long to live out the teaching of John 15:1-17 – to abide in Christ: to continually draw closer to Him and to know His presence with us.

Each day of this guide contains a prayer focus. This includes one or two Scriptures to reflect on along with some prayer points. This year, there is a daily Scripture reading guide that will help us reflect more intentionally on God's Word in a step-by-step pattern (see page 6).

Please note that these prayer points are only suggestions and so feel free to pray into each area as the Holy Spirit leads you. All we ask is that you take time each day to pray for the theme that's given.

If fasting is a new concept to you – don't worry! We will take plenty of time to explain what it's all about during our Sunday gatherings and a fasting guide will be made available in the foyer.

As we begin this journey, you may see things change instantly, you may not. However, be encouraged! God is at work in you and your world. Jeremiah 29:13 tells us that when we seek the Lord with all of our hearts – we'll find Him.

So let's begin!

**Pastor Jordan**



# Ways to get involved

## **DAILY**

As a Church, we have the opportunity to do this journey together by following the 21 Days of Prayer Guide, filled with daily Scripture and themed prayer points.

## **WEEKLY**

For each Sunday of our 21 Days of Prayer, we'll be gathering for evenings of prayer and worship.

These gatherings are an opportunity to pursue God's presence and intercede for key areas we long for the Lord to powerfully touch and transform, including our families, community and world.

Sundays 6:30pm (19th, 26th of January and 2nd February).

## **CONNECT GROUPS**

Being in a connect group will help you have a personal midweek connection with your Church family, enjoy friendship and support through every season of life, all while growing in your relationship with Jesus.

We have a range of groups to choose from that run during school term time, which gives you a break and the freedom to choose another group.

To find a group that works for you, speak with a member of the Ministry team or head to [carricknazarene.co.uk/whats-on/connect-groups/](http://carricknazarene.co.uk/whats-on/connect-groups/)

## **FASTING**

What is fasting? As Christians, fasting is to abstain from something so that we can better devote ourselves to seek God in prayer.

Even the Lord Jesus took time to fast and pray (Luke 4:1, John 4:31-34) and spoke of it as something that was expected (Matthew 6:17-19).

Fasting will look different for everyone, some examples include: a meat free diet, coffee, sugars, TV/streaming, social media etc.

There are many options!

### **Why do we fast?**

Scripture teaches us that prayer with fasting and meditating on God's Word will strengthen our faith and trust in Him. The Bible also teaches us that God will renew and build us up spiritually during a fast and that some things will only change through prayer and fasting (see Mark 9:29).

In many respects, fasting is ultimately when we surrender ourselves to God, steer ourselves with determination to do God's will and discern His voice.

We would love everyone to consider fasting something during these 21 days. For more information on fasting, please pick up a guide from the Church foyer.

*"I proclaimed a fast, so that we might humble ourselves before our God... So we fasted and petitioned our God about this, and he answered our prayer"*

Ezra 8:21b - 23a



## **The Lord's Prayer**

**Our Father, who art in heaven,**

**hallowed be thy name;**

**thy kingdom come;**

**thy will be done;**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation;**

**but deliver us from evil.**

**For thine is the kingdom,**

**the power and the glory,**

**for ever and ever.**

**Amen.**

# Our Prayer Topics Timetable

Monday 13th January – Sunday 2nd February

## **DAY 1**

*Monday 13*

Sacrifice

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## **DAY 8**

*Monday 20*

Rest

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## **DAY 15**

*Monday 27*

Workplaces

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## **DAY 2**

*Tuesday 14*

Gratitude

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## **DAY 9**

*Tuesday 21*

Schools

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## **DAY 16**

*Tuesday 28*

Board and Ministries

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## **DAY 3**

*Wednesday 15*

Children

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## **DAY 10**

*Wednesday 22*

Mental Health

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## **DAY 17**

*Wednesday 29*

Youth

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## **DAY 4**

*Thursday 16*

Relationships

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## **DAY 11**

*Thursday 23*

Community

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## **DAY 18**

*Thursday 30*

Current Events

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## **DAY 5**

*Friday 17*

Health and Healing

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## **DAY 12**

*Friday 24*

Seniors

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## **DAY 19**

*Friday 31*

Young Adults

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## **DAY 6**

*Saturday 18*

Families

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## **DAY 13**

*Saturday 25*

Government

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## **DAY 20**

*Saturday 01*

Missions

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## **DAY 7**

*Sunday 19*

Salvation  
P&W Night

## **DAY 14**

*Sunday 26*

Salvation  
P&W Night

## **DAY 21**

*Sunday 02*

Revival  
P&W Night

## DAILY SCRIPTURE REFLECTION GUIDE

Each day of our prayer and fasting journey, there will be a Scripture to read and reflect upon. Below are steps to guide us as we meditate on God's Word – simply turn back to this page each day and follow the four steps. What better way to abide in Christ than to abide in His Word every day?

**1. Read:** This is where we begin. We read (or listen) to the Scripture slowly, savouring each word like a delicious meal. We approach the text with reverence and anticipation, allowing the words to sink deep into our souls.

**2. Meditate (reflect):** After reading, we pause to reflect on what we've read. We ponder the words, turning them over in our minds like a precious gem, examining them from every angle.

To help with meditation, feel free to use some of these questions to guide your thoughts: copy and paste in from Bible plan.

**3. Pray:** As we meditate on the Scripture, it naturally leads us into prayer. We speak to God about what we've read, asking for insight, confessing our shortcomings, or expressing gratitude.

**4. Contemplate:** Finally, we rest in God's presence, allowing the truth we've encountered to penetrate our hearts fully. Why not take a moment to note down anything that has stood out to you from God's Word.



## **DAY 1 | SACRIFICE**

Monday 13<sup>th</sup> January

Hopefully you have chosen something to fast from as we begin our 21 day journey. As we make sacrifices to spend more time pursuing Christ, it is a good time to reflect on His ultimate sacrifice on the cross. Christ died for our sins and loved us enough to sacrifice His life for humankind. We too, can take a lesson from this as we prepare to make sacrifices to focus on Christ through prayer and fasting.

### **Today's Scripture | Romans 12:1**

*"Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today's Prayer Prompts**

Thanking God for the ultimate sacrifice of His Son on the cross and therefore the gift of having our sins forgiven and eternal life

A closer relationship with the Lord during our 21 day journey

Strength and joy as we make sacrifices to spend more time with Him

## **DAY 2 | GRATITUDE**

*Tuesday 14<sup>th</sup> January*

The Apostle Paul often emphasised the importance of an attitude of gratitude in our prayers. In fact, gratitude can often change our outlook on many things in life, and as Christians, there's always something to be thankful for!

Indeed, C.S. Lewis (writer of the Chronicles of Narnia) distinguishes between gratitude and adoration - employing the use of a rare word "coruscations" (which means a flash of light or brilliance). He writes:

*"Gratitude exclaims, very properly, 'How good of God to give me this.' Adoration says, 'What must be the quality of that Being [God] whose far-off and momentary coruscations are like this!' One's mind runs back up the sunbeam to the sun."<sup>1</sup>*

In other words, C.S. Lewis encourages us to not only be grateful for all that God has done (and is doing) in our lives - but to turn this back to Him in praise and adoration!

### **Today's Scripture | 1 Thessalonians 5:16-28**

*"Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

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<sup>1</sup> C.s Lewis, *Letters to Malcolm*

**Action**

Make a list of things you can be grateful for today and as Paul writes, "Give thanks" in prayer for God's goodness and provision!

**A guided prayer**

*"Heavenly Father, thank you for how you have provided for us in every way. Thank you that you sent your Son Jesus to die on the cross so that I could be forgiven of my sins and given a new life to live. Help me to walk with you in an attitude of gratitude."*

*Amen.*



## **DAY 3 | CHILDREN**

*Wednesday 15<sup>th</sup> January*

Throughout Scripture we see God's heart for children and families. What an amazing privilege it is to provide a safe-space for children to learn about God's love for them, Sunday after Sunday. Today, let's keep this rising generation in our Church in prayer.

### **Today's Scriptures**

#### **Matthew 19:13-14**

*"Then people brought little children to Jesus for him to place his hands on them and pray for them... Jesus said, 'Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these'."*

#### **Psalm 78:4**

*"We will not hide them from their children, but tell to the coming generation the glorious deeds of the Lord, and his might, and the wonders that he has done."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today's Prayer Prompts**

The children in our various ministries, that they'll come to know Jesus, their faith would flourish, and grow up to love the House of God

Lauren (Kids), Christine (Creche) and the children's ministry teams: that they would be godly examples and love our young generation well

Peace and joy for children who are struggling at school or at home

Children who don't yet know Christ

All our families in Church: for favour and protection

Thank God that we can offer a safe space for children and our community where they are surrounded by love and teaching

**Action**

Why not encourage a children's volunteer next Sunday (just look for a blue team t-shirt!), or prayerfully consider serving on the team.

Children's teams, we are thankful for you!

## **DAY 4 | LOVE AND UNITY**

*Thursday 16<sup>th</sup> January*

As Christians, our relationships matter – whether among friends, family, spouses or with one another as followers of Jesus. Today, let's pray for a greater God-given love and unity in our congregation.

### **Today's Scriptures**

#### **1 Corinthians 13:4-8**

*"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonour others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.*

*Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away."*

#### **John 13:34**

*"A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another."*

[Turn to page 6 to follow our Scripture reflection guide.](#)



## **Today's Prayer Prompts**

Marriages / spouses

Young couples

Those living for Christ in celibacy and singleness

For those who desire a spouse

Strong friendships

Unity as a Church

Relationships rebuilt / forgiveness

Thank God for the people in our lives who help us to put  
God first in our relationships

## **DAY 5 | HEALTH AND HEALING**

*Friday 17<sup>th</sup> January*

Healing can be a difficult topic, especially when we or those we love have suffered pain and loss. As Christians, we hold to these three truths: firstly, God can (and does) heal today. Secondly, God may not always heal on this side of eternity. Yet thirdly, and most importantly – full healing from all sickness, death and mourning will come when Christ returns to rule and reign.

As Revelation 21:4 says, a day will come when Jesus, "will wipe every tear... There will be no more death or mourning or crying or pain, for the old order of things has passed away." And so, because we know how the story ends – we can be confident in our God who is always good (even when our circumstances are far from good). With this in mind, let's pray boldly for the many forms of healing that the Lord can bring into our lives.

### **Today's Scripture | Isaiah 43:1-2**

*"But now, O Jacob, listen to the Lord who created you. O Israel, the one who formed you says, "Do not be afraid, for I have ransomed you. I have called you by name; you are mine. When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

## **Today's Prayer Prompts**

Physical healing

Those suffering long term illnesses/conditions

Healing in mental health and for emotional healing, where people have suffered hurt, pain or trauma

Those who have been through or are preparing for surgery

Those who suffer from persistent health issues such as; back problems, headaches, migraines or any health problem impacting daily life

Chains of addiction to be broken

Thank God that there is power in the name of Jesus to heal (Psalm 107:20) and for His faithfulness whether we are in sickness or in health

### **Action**

Is there someone you know that is ill, who you could get in touch with, or visit, to encourage and pray for today?



## **DAY 6 | FAMILIES**

*Saturday 18<sup>th</sup> January*

Families can come in all forms and sizes – as does the family of God’s Church! Today, we cover households and our wider Church family with God’s love, grace and power.

### **Today’s Scripture | Galatians 6:10**

*“Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.”*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today’s Prayer Prompts**

Parents, grandparents and guardians: for good health, energy, and joy

Blessings and protection over the family units in our Church

Wisdom and comfort for those in difficult family circumstances

Peace, comfort and provision for widows/ers

That we would be a Church family where God sends the lonely to be loved and cared for (Psalm 68:6)

Let’s thank the Lord for our Church family

## **DAY 7 | SALVATION**

*Sunday 19<sup>th</sup> January*

Each Sunday in our 21 days of prayer and fasting we will be concentrating on salvation. As we read in John 3:16-17, God's will is that no one should perish but repent and experience the free gift of forgiveness and a new life. As Christians, we want to be intentional in praying for others to receive Christ too!

### **Today's Scripture | John 3:16-17**

*"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today's Prayer Prompts**

Pray by name for the salvation of:

Family members (household salvation)

Work colleagues

Friends

Neighbours

Ask for Holy Spirit boldness and opportunities to share the Good News.

'Prodigals' – that friends and family who once walked with Christ would return home to Him.

**Action**

Sometimes we assume that people will come to faith before they start attending to Church. Yet, in the last couple of years, we have seen people put their trust in Christ after attending Carrick Nazarene for a period of time.

Who might the Holy Spirit be prompting you to invite along to Church, Connect Group or the next 321 course?

## **DAY 8 | REST**

*Monday 20<sup>th</sup> January*

As a new week begins, let's take time to rest in God's presence.

### **Today's Scripture | Matthew 11:28-30**

*Jesus said, "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today's Prayer Prompts**

Peace of mind – that our thoughts and worries would be overtaken by the rest and peace of Christ

Those struggling to sleep at night, that a good and peaceful night's sleep would be theirs in Jesus name

Rest in the midst of any storms going on in life (work life / family life etc).

People's deliverance from life's battles

God to provide moments for physical rest in the busyness of life.

### **Action**

The Bible speaks of the importance of stillness and silence in the Christian life. Let's take time to do just that and wait a little longer today in the Lord's presence, embracing silence – finding your rest in Him.

## **DAY 9 | SCHOOLS**

*Tuesday 21<sup>st</sup> January*

Schools are central to our communities. They are places where our friends and family are both educated and are educators, where young minds are shaped and futures are cultivated – let's cover students and staff in prayer today!

### **Today's Scripture | Psalm 127:3-5**

*"Children are a heritage from the Lord, offspring a reward from him. Like arrows in the hands of a warrior are children born in one's youth. Blessed is the man whose quiver is full of them. They will not be put to shame when they contend with their opponents in court."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today's Prayer Prompts**

All staff represented in each school, for wisdom and perseverance when teaching is difficult

Christian principals, staff and pupils, that they would be the light of Christ in their schools – standing for Him in an increasingly secular environment. Especially school teachers and staff who are part of the Carrick Nazarene family

Students of Carrick Nazarene, that they would know God's encouragement and strength in their studies as well as find friendships with other Christians in school

The work of Carrick Nazarene and Scripture Union in local schools, that pupils lives would be changed and impacted by the Gospel

That doors of opportunity would continue to open RE:  
developing relationships with schools

Peace and safety over each school and those in it

**Action**

Make a short list of schools *in your area* that you could pray these points over today.



## **DAY 10 | MENTAL HEALTH**

*Wednesday 22<sup>nd</sup> January*

### **Today's Scripture | Philippians 4:6-7**

*"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today's Prayer Prompts**

Pray for those experiencing anxiety, stress, loneliness, depression and burnout

Pray for healing from any physical suffering caused by mental health issues, for example, panic attacks, headaches, seizures etc

That the Lord would provide hope, peace, rest and joy. As well as any professional help required

Charities and organisations that provide support to those experiencing mental health challenges

Christian counsellors who are drawing alongside others

## **DAY 11 | OUR COMMUNITIES**

*Thursday 23<sup>rd</sup> January*

### **Today's Scripture | Jeremiah 29:7b**

*"...seek the peace and prosperity of the city to which I have carried you into exile. Pray to the Lord for it, because if it prospers, you too will prosper."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today's Prayer Prompts**

The peace and prosperity of your town/local community

The strongholds of paramilitarism and intimidation in communities to break in the strong name of Jesus

Safety and peace: may communities, estates and developments be places where all residents feel safe. Consider those who are especially vulnerable, such as our elderly, refugees, etc

Community workers, charities and groups who serve local people. Please include the work and volunteers of Good Morning Carrickfergus and Community HUB in your prayers

Salvation of our communities and neighbours

Increased opportunity to reach our community and build meaningful relationships between residents and the Church

## **DAY 12 | OUR SENIORS**

*Friday 24<sup>th</sup> January*

### **Today's Scripture | Isaiah 46:4**

*"I will be your God throughout your lifetime— until your hair is white with age. I made you, and I will care for you. I will carry you along and save you."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today's Prayer Prompts**

The health and wellbeing of our seniors in Church, particular for those who are housebound and facing long-term illnesses

Their encouragement, joy and peace

Their spiritual impact on their friends, family and young people

Blessing and favour upon our older generation

### **Guided prayer**

Heavenly Father, thank you for the generation who have built up the Church. We are grateful for their wisdom and their skills, but more than this, we are grateful for who they are.

Thank you Lord for how our seniors bless and encourage our Church, may they be blessed and encouraged abundantly in return. Amen.

## **DAY 13 | GOVERNMENT**

*Saturday 25<sup>th</sup> January*

### **Today's Scriptures**

#### **1 Timothy 2:1-4**

*"I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them. Pray this way for kings and all who are in authority so that we can live peaceful and quiet lives marked by godliness and dignity."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today's Prayer Prompts**

Your MP, MLA and local councillors. If you are unsure of who they are, why not search online for more information about who represents your constituency/ward

Christian Politicians: for courage to stand for Biblical principles – to be light in darkness. Let's thank the Lord for the hard work they do

The purposes of God to prevail in our local and national governments

A willingness for politicians to work with one another for the benefit of those in our community who are struggling, impoverished or voiceless

Openness of politicians toward the Gospel and work of local Churches across the country

## **DAY 14 | SALVATION SUNDAY**

*Sunday 26<sup>th</sup> January*

Each Sunday in our 21 days of prayer and fasting we will be concentrating on salvation. In Matthew 5:13-16, Jesus teaches us that we have a part to play in revealing His love and light to the world around us. On one hand, God's heart is moved toward the lost – and on the other we are called to partner with Him in reaching the lost. How, in a practical way, could you be salt and light to the people in your life today?

### **Today's Scripture | Matthew 5:13-16**

*"You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot. You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today's Prayer Prompts**

Family members (household salvation), work colleagues, friends and neighbours to come to faith

Ask for Holy Spirit boldness and opportunities to share the Good News.

'Prodigals' – that friends and family who once walked with Christ would return home to Him

## **DAY 15 | WORKPLACES**

*Monday 27<sup>th</sup> January*

The words “work” and “toil” are mentioned over 480 times in the Bible – it might be safe to say that God considers our work an important aspect of how we live as Christians.

### **Today’s Scripture | Colossians 3:23-24**

*“Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.”*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today’s Prayer Prompts**

A desire to work hard and represent Christ well in the workplace

Courage to share the love of Jesus

Wisdom and holy inspiration for Christian employers

Our brothers and sisters in Church seeking employment or entering into new jobs

Peace and guidance for those facing uncertainty within their workplace



## **DAY 16 | BOARD AND MINISTRIES**

*Tuesday 28<sup>th</sup> January*

### **Today's Scriptures**

#### **Romans 12:5-6a**

*"so in Christ we, though many, form one body, and each member belongs to all the others. We have different gifts, according to the grace given to each of us..."*

#### **Hebrews 13:7**

*"Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Praying for Pastor, Board and Staff**

Pray that the Holy Spirit would anoint, guide and protect Pastor Jordan and the Church Board

Hollie, Lauren and Christine as they serve faithfully on the staff team

For the families of each Board and staff member

### **Praying for Church ministries**

Let's take time to pray for all the ministries of Carrick Nazarene - their leaders and volunteers. May we be effective for the Kingdom of God in all we do:

### **Community and Wellbeing Teams**

Good Morning Carrickfergus

Community HUB

AI-Sanity and Running Group

**Age Ministry Teams**

Sunday Kids and Creche

Parent and Toddlers

Little Stars

Youth

Come Together Seniors

Homework Club

**Sundays and Midweek Teams**

Worship and communion

Audio-Visual

Welcome and carpark

Photography and videography

Connect Groups

Men and Women's nights

Preaching and teaching of God's Word

Prayer Ministry

Hospitality team

## **DAY 17 | YOUTH**

*Wednesday 29<sup>th</sup> January*

At Carrick Nazarene we want every young person who comes through our doors to know they are inherently loved and valued by God. It isn't easy to be a young person growing up today but we believe that the Lord has a plan and purpose for each of their lives that will change the world around them – so let's lift them up in prayer today!

### **Today's Scripture | 1 Timothy 4:12**

*"Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today's Prayer Prompts**

Young people across Carrickfergus and Co. Antrim, that they would receive Jesus as their Saviour, followed by their families (household salvation)

The growth and strengthening of our young people's relationship with Christ

Hollie and the youth team as they teach, support and disciple young people

Courage and boldness for our youth to live for Christ among their friends

The hearts and minds of our youth, that they would know the deep love of God and His purpose for their lives

## **DAY 18 | CURRENT EVENTS**

*Thursday 30<sup>th</sup> January*

It only takes a glance at the news/current events to see the impact of sin and humanity's brokenness on our world. From wars to political tension and economic downturns to environmental disasters – the constant narrative of chaos and crisis can be overwhelming.

And yet, we can lift our eyes to Jesus, our Prince of Peace, who when everything around us is shaking remains our rock of ages – unshakable. In the storms, He is our anchor – as the old Boys Brigade hymn goes:

*We have an anchor that keeps the soul,  
Steadfast and sure while the billows roll;  
fastened to the Rock which cannot move,  
grounded firm and deep in the Saviour's love!*

Today we can respond in two ways to the current events in our world. Firstly, we can reflect on God's Word: our hope is ultimately in Christ who will wipe away the current broken order of the world to make "all things new" (Revelation 21:5). Secondly, we can intercede on behalf of people, circumstances and nations.

### **Today's Scripture | Romans 5:3-5**

*"We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. And endurance develops strength of character, and character strengthens our confident hope of salvation. And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today's Prayer Prompts**

While there are many current events that warrant our prayers, here are some suggestions for today. As we intercede over these events, let's remember to pray for wisdom for political leaders; refugees and victims of war; the protection of the innocent; peace and comfort for all who mourn; that our brothers and sisters in Christ would be protected, strengthened and share His love with all.

Russia-Ukraine conflict

Israel-Gaza conflict

Assisted Dying Bill in parliamentary process

Environmental: UK floods; California wildfires; Tibetan earthquake

Any other events you would like to prayer over, especially since this guide's time of writing.

## **DAY 19 | YOUNG ADULTS (18-30)**

*Friday 31<sup>st</sup> January*

Reports from Evangelical Alliance have dubbed young adults as 'The Missing Generation' within the UK Church, with many having left the Church and the faith. As a Church we believe God's heart burns for this 'Missing Generation' and we want to follow His leading in reaching young adults.

### **Today's Scripture | Ephesians 3:16-21**

*"I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.*

*Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

We are thankful for all the young adults of Carrick Nazarene Church, for who they are and all they do. Looking forward to 2025, let's stand in the gap for young adults who are yet to find (or rediscover) faith in Christ. May this 'Missing Generation' be found thriving once again across the Church in Ireland and beyond!



### **Today's Prayer Prompts**

A move of God that sees young adults across Carrickfergus/Co. Antrim receive Christ as Saviour

Effective outreach and discipleship of young adults

Our young adults that they continue being salt and light in their colleges, universities and workplaces

God's blessing on their careers, studies, relationships and marriages

A great sense of their worth and identity in Christ to rest upon them

## **DAY 20 | MISSIONS**

*Saturday 1<sup>st</sup> February*

At Carrick Nazarene, we believe in following Christ's commission to reach the world with the Gospel, from the street we live on, to the ends of the earth.

### **Today's Scripture | Matthew 28:16-20**

*"Then the eleven disciples went to Galilee, to the mountain where Jesus had told them to go. When they saw him, they worshiped him; but some doubted. Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today's Prayer Prompts**

Protection and miraculous provision for missionaries and their families

Effective missions work that wins many for Christ and changes the story of entire nations

The persecuted Church - that the power, wisdom and comfort of the Holy Spirit would be with all believers at this time. It is only the presence of the Holy Spirit which enables the persecuted Church to stand strong

Protection for underground Churches throughout the world where gathering in secret requires life threatening

or serious risk. Let's thank God that the underground isn't just alive but growing!

For more info on Nazarene Missions

<https://nazarene.org/who-we-are/organization/ministries/nazarene-missions-international>

For praying for the persecuted Church

<https://www.opendoorsuk.org>

## **DAY 21 | REVIVAL**

*Sunday 2<sup>nd</sup> February*

Day 21 – we’ve made it! We hope that over the course of our journey, you have known a tangible sense of the Lord’s presence and His Spirit at working in and through you.

We complete our 2025 journey of prayer and fasting in the same place as in 2024 – revival. Throughout Scripture and Church history, God has revived and renewed the faith of His people. Someone once said that “revival is the Church falling in love with Jesus Christ all over again” – let’s pray for just that for each and every person at Carrick Nazarene.

### **Today’s Scriptures**

#### **Psalm 85**

*“Will you not revive us again, that your people may rejoice in you?”*

#### **Acts 3:19-20**

*“Now repent of your sins and turn to God, so that your sins may be wiped away. Then times of refreshment will come from the presence of the Lord, and he will again send you Jesus, your appointed Messiah.”*

[Turn to page 6 to follow our Scripture reflection guide.](#)

### **Today’s Prayer Prompts**

A renewed love and hunger for the Lord and His presence

A fresh conviction of sin and repentance in God’s people

A great sense of love and unity between each of us as believers

A rekindling of passion for worship, Scripture and reaching the lost

### **Prayer**

To seal our 21 day journey, let's pray the Lord's Prayer as one Church family, wherever we are today. The words of the Lord's Prayer can be found on page 4 of this booklet.

**We hope you have enjoyed the past 21 days and have deepened your relationship with Jesus. We trust you have seen Him moving through this time and may continue in prayer and fasting.**

**Everyone is welcome to join our Prayer and Worship nights or more personally you may decide to continue to fasting something on a weekly/monthly basis.**

**Whatever you decide to do, may you know God's peace and presence always in 2025.**

**Thank you for journeying with us.**